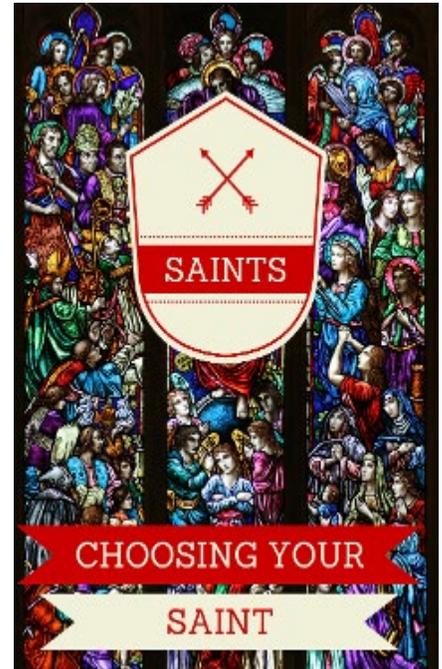


# YOUR CONFIRMATION NAME

## (Information for Saint Report)

### CHOOSING A CONFIRMATION NAME

- A name identifies you in a unique way, not just your physical self, but who you are as person.
- One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this sacrament.
- Your prayerful reflection will help you determine that name.
- You might want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments, especially after you reflect on its meaning and discover some of the people who shared your name in Christian history.
- You might want to choose the name of a saint who represents the type of Christian you wish to be.



### RESEARCH YOUR NAME

Whether you reaffirm your baptismal name or add a new name at Confirmation, research the life of your Christian namesake. Find out how they serve as an example for your faith journey. **You are asked to write a short report on the Saint whose name you have chosen to take as your Confirmation name. The research you do will help you focus on the reasons for your decision.**

#### Websites to check out:

<https://www.ewtn.com/catholicism/saints>

<https://mycatholic.life/saints/>

Saint Report Instructions on the back

# SAINT REPORT INSTRUCTIONS

Due: November 2, 2025

It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be your friend and advocate for the rest of your life. You might want to choose the name of a saint who represents the type of Christian you wish to be. Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the root meaning of the name, for as Scripture says, "*Yahweh calls each of us by name.*" Isaiah 43:1

## Essay instructions:

Tell me about the Saint whose name you have chosen to take as your Confirmation name. Submit your typed report to [mspaperwork@spsjoa.org](mailto:mspaperwork@spsjoa.org)

## Include the following information in your report:

1. Share some interesting facts about the life of this Saint.
  - ~ Who is the saint?
  - ~ When did they live/die?
  - ~ What was their life like?
  - ~ If a patron saint, what of?
  - ~ When were they canonized?
2. Why did you select this Saint to represent your faith journey?
3. Why this person was declared a saint.
4. If this saint was a martyr, how did they die for their faith?
5. How will you use what you learned about this Saint to live out your faith?
6. Conclude your report with a prayer for the intercession of your Saint to be with you as a spiritual guide to help you with moral choices and doing the will of God.

Submit your Saint Report to [mspaperwork@spsjoa.org](mailto:mspaperwork@spsjoa.org)

Due: November 2, 2025

